WHAT IS CLAIMED IS:

- 1. A method using a display coupled to a computer for navigating the contents of a file accessible by the computer, comprising:
 - displaying a first portion of the contents on a region of the display at a first magnification;
 - selecting a first option to display a second portion of the contents of the file on the display within the region at a second magnification, wherein the second magnification is lower that the first magnification;
 - defining an area within the displayed second portion by highlighting the first portion;
 - moving the area to a new location on the displayed second portion to encompass a third portion; and
 - displaying the third portion on the display within the region at a third magnification, wherein the third magnification is higher than the second magnification.
- 2. The method of claim 1, wherein the contents of the file constitutes a single graphical file.
- 3. The method of claim 1, wherein the contents of the file are non-paginated.
- 4. The method of claim 1, wherein the third portion is displayed automatically after the area is moved.
- 5. The method of claim 1, wherein the third portion is displayed after the area is moved and after selecting a second option on the display.
- 6. The method of claim 1, wherein selecting the first option causes a gradual transition between the displayed first portion and the displayed second portion.

- 7. The method of claim 1, wherein displaying the third portion causes a gradual transition between the displayed second portion and the displayed third portion.
- 8. The method of claim 1, wherein highlighting the first portion within the displayed second portion comprises prominently displaying the first portion relative to other areas of the displayed second portion.
- 9. The method of claim 1, wherein highlighting the first portion within the displayed second portion comprises displaying the first portion with a darker grey scale than other areas of the displayed second portion.
- 10. The method of claim 1, wherein highlighting the first portion within the displayed second portion comprises displaying the first portion with a different color than other areas of the displayed second portion.
- 11. The method of claim 1, wherein highlighting the first portion within the displayed second portion comprises displaying a border around the first portion.
- 12. The method of claim 1, wherein the second portion comprises the entirety of the contents of the file.
- 13. The method of claim 1, wherein the first and third portions are of equal size.
- 14. The method of claim 1, wherein the first and third magnifications are the same.
- 15. The method of claim 1, wherein moving the area comprises manipulation of a mouse coupled to the computer.
- 16. The method of claim 1, wherein moving the area comprises selecting an option on the display.

- 17. The method of claim 1, wherein before displaying the third portion the highlighted area is changed in size, and wherein the third magnification is different from the first magnification.
- 18. The method of claim 1, wherein selecting a first option comprises depressing a key or button.
- 19. A computer-readable medium containing a program for performing a method using a display coupled to a computer for allowing a user to navigate the contents of a file accessible by the computer, the method comprising:
 - displaying a first portion of the contents on a region of the display at a first magnification;
 - allowing a user to select a first option to display a second portion of the contents of the file on the display within the region at a second magnification, wherein the second magnification is lower that the first magnification;
 - defining an area within the displayed second portion by highlighting the first portion;
 - allowing a user to move the area to a new location on the displayed second portion to encompass a third portion; and
 - displaying the third portion on the display within the region at a third magnification, wherein the third magnification is higher than the second magnification.
- 20. The computer-readable media of claim 19, wherein the contents of the file constitutes a single graphical file.
- 21. The computer-readable media of claim 19, wherein the third portion is displayed automatically after the area is moved.

- 22. The computer-readable media of claim 19, wherein the third portion is displayed after the area is moved and after selecting a second option on the display.
- 23. The computer-readable media of claim 19, wherein selecting the first option causes a gradual transition between the displayed first portion and the displayed second portion.
- 24. The computer-readable media of claim 19, wherein displaying the third portion causes a gradual transition between the displayed second portion and the displayed third portion.
- 25. The computer-readable media of claim 19, wherein highlighting the first portion within the displayed second portion comprises prominently displaying the first portion relative to other areas of the displayed second portion.
- 26. The computer-readable media of claim 19, wherein the second portion comprises the entirety of the contents of the file.
- 27. The computer-readable media of claim 19, wherein the first and third magnifications are the same.
- 28. The computer-readable media of claim 19, wherein moving the area comprises manipulation of a mouse coupled to the computer.
- 29. The computer-readable media of claim 19, wherein before displaying the third portion the highlighted area is changed in size, and wherein the third magnification is different from the first magnification.
- 30. The computer-readable media of claim 19, wherein selecting a first option comprises depressing a key or button.

- 31. A computer system, comprising:
 - a computer having access to a file;
 - a display for displaying portion of the contents of a file within a region of the display;
 - a program accessible by the computer for displaying the contents of the file within the region of the display, the program allowing the user to:
 - display a first portion of the contents on a region of the display at a first magnification;
 - select a first option to display a second portion of the contents of the file on the display within the region at a second magnification, wherein the second magnification is lower that the first magnification, thereby defining an area within the displayed second portion by highlighting the first portion;
 - move the area to a new location on the displayed second portion to encompass a third portion; and
 - display the third portion on the display within the region at a third magnification, wherein the third magnification is higher than the second magnification.
- 32. The computer system of claim 31, wherein the third portion is displayed automatically after the area is moved.
- 33. The computer system of claim 31, wherein selecting the first option causes a gradual transition between the displayed first portion and the displayed second portion, and/or wherein displaying the third portion causes a gradual transition between the displayed second portion and the displayed third portion.
- 34. The computer system of claim 31, wherein the second portion comprises the entirety of the contents of the file.

- 35. The computer system of claim 31, wherein the first and third magnifications are the same.
- 36. The computer system of claim 31, wherein before displaying the third portion the highlighted area is changed in size, and wherein the third magnification is different from the first magnification.
- 37. A computer program accessible by a computer for displaying the contents of the file within the region of a display, the program allowing a user to:
 - display a first portion of the contents on a region of the display at a first magnification;
 - select a first option to display a second portion of the contents of the file on the display within the region at a second magnification, wherein the second magnification is lower that the first magnification, thereby defining an area within the displayed second portion by highlighting the first portion;
 - move the area to a new location on the displayed second portion to encompass a third portion; and
 - display the third portion on the display within the region at a third magnification, wherein the third magnification is higher than the second magnification.
- 38. The computer program of claim 37, wherein the third portion is displayed automatically after the area is moved.
- 39. The computer program of claim 37, wherein selecting the first option causes a gradual transition between the displayed first portion and the displayed second portion, and/or wherein displaying the third portion causes a gradual transition between the displayed second portion and the displayed third portion.

- 40. The computer program of claim 37, wherein the second portion comprises the entirety of the contents of the file.
- 41. The computer program of claim 37, wherein the first and third magnifications are the same.
- 42. The computer program of claim 37, wherein before displaying the third portion the highlighted area is changed in size, and wherein the third magnification is different from the first magnification.
- 43. A computer using a display coupled to a computer for navigating the contents of a file within the computer, wherein a first portion of the contents are displayed on a region of the display at a first magnification, comprising:
 - means for selecting a first option to display a second portion of the contents of the file on the display within the region at a second magnification, wherein the second magnification is lower that the first magnification;
 - means for defining an area within the displayed second portion by highlighting the first portion;
 - means for moving the area to a new location on the displayed second portion to encompass a third portion; and
 - means for displaying the third portion on the display within the region at a third magnification, wherein the third magnification is higher than the second magnification.